



## ORAL HEALTH FOR BRAIN HEALTH (Mysmile study)



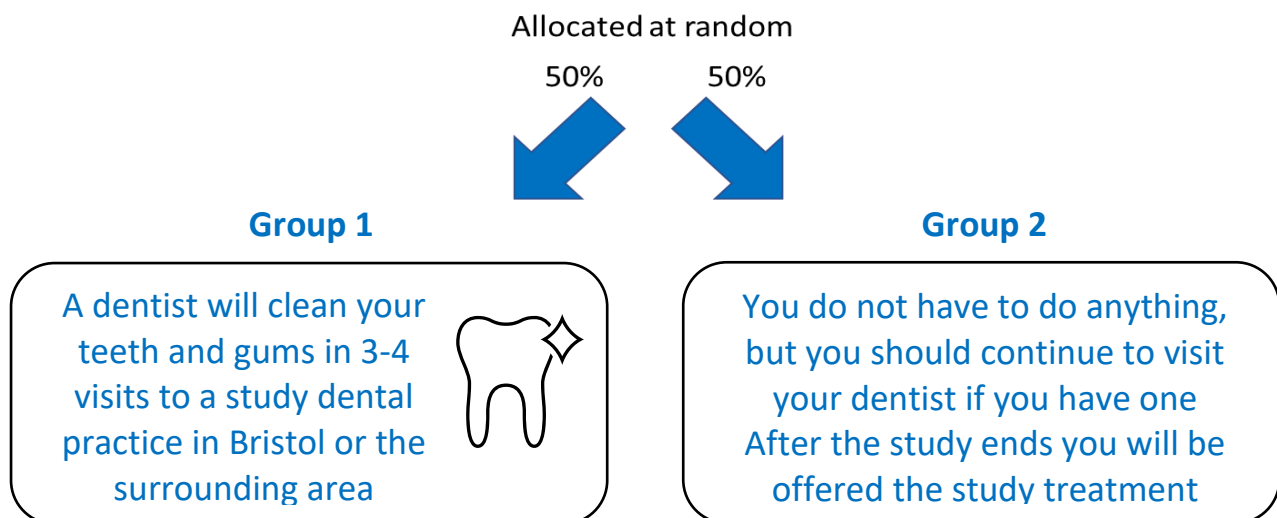
Do you have:  
**Alzheimer's Disease** or **Mild Cognitive Impairment (MCI)**?

We are looking for people to take part in our research study to investigate whether **improving oral health slows down** memory loss.

### To take part you need to:

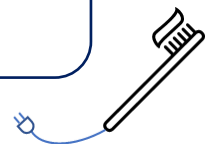
- Have a diagnosis of Alzheimer's Disease or MCI.
- Be aged **60** years or above.
- Be interested in improving your oral (gum) health

**If you take part:** You will be assessed to see if you are eligible for the study at The Brain Centre at Southmead Hospital in Bristol and if eligible:



**Both groups 1 and 2** will also attend 6 and 12 monthly reviews following their first visit, for dental assessments, memory tests, saliva and blood samples.

An electric toothbrush will be provided at visit 1



**If you are interested in taking part or have questions, please either**

ring: **07773579130**

email: [nikki.hellin@bristol.ac.uk](mailto:nikki.hellin@bristol.ac.uk)

OR follow either of these links:

Participant Information Sheet  
<https://bit.ly/MysmileParticipantsInfo>

