



**Easy Read  
booklet**



# About the Bristol Dementia Wellbeing Service



# **Support**

# Who we are and what we do



We are the **Dementia Wellbeing Service**. We provide **dementia** services in Bristol. The service is a partnership between the NHS and Alzheimer's Society.



**Confused**

**Dementia** is a medical term that describes a condition that includes **symptoms** like memory loss, confusion and changes in behaviour.

A **symptom** is a problem caused by a health condition.



We work with GPs, hospitals and care homes to support people living with dementia.



We work with local communities to help Bristol become a dementia friendly city.

# Who our service is for



**Support**

There are about 4,200 people living with dementia in Bristol. Our service is there to support everyone living with dementia.



We support people with dementia from when they find out they have dementia to the end of their life. We help people when they need it the most.



We support people living with dementia for as long as they want our help. People have told us that this ongoing support is important to them.



We also give practical and emotional support to carers and families.

# How our service works



Every GP practice in Bristol has a **Dementia Practitioner** and a **Dementia Navigator**.



**Dementia Practitioners** work closely with the person who has dementia and their GP. They help find out if a person has dementia and then support them throughout their illness.



**Dementia Navigators** support people living with dementia and those close to them. They help people stay independent and improve their lives.



They give people information about local groups and other organisations and they also give practical and emotional support.

# How to access our service



Please contact us using our **Access Point** using the contact details in the **green section** of this booklet.



If you are a BSL user, it is easy to be referred to our service. Your GP, a relative or friend can refer you. You can also refer yourself.



A **referral** is a recommendation that a person needs to use our service.



**Doctor**

If you are worried about your memory and think you might have dementia, you will be seen a dementia specialist and **Dr Mary Griggs** from the **Specialist Deaf Service**. Dr Griggs is BSL-fluent. They will help us understand the difficulties you have.



To help us find out about your memory and thinking skills we use special tests for BSL users.



Our tests help us find out the reason for your difficulties. We can also ask the **Specialist Deaf Service** and other experts for help.



You can also access our service if you already have a **diagnosis** of dementia or care for someone who does.



A **diagnosis** is when you have had tests that shows you have a medical condition like dementia.



For everyone with a diagnosis of dementia, we will help and support you and your family for as long as you need.

# Access Point contact details



If you have any questions or would like help making a referral, please contact our **Access Point**.



Call this telephone number

**0117 904 5151**

You can call Monday to Friday from 8:00am to 6:00pm.



If you are a BSL user supported with Text Relay call this number

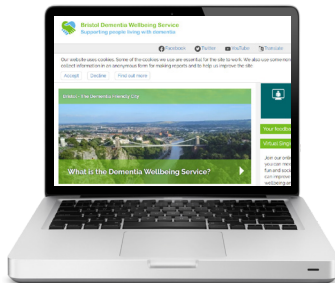
**18001 0117 904 5151**



Send an email to this address

**[dpn-tr.enquiriesBristolDementia@nhs.net](mailto:dpn-tr.enquiriesBristolDementia@nhs.net)**

# How to find out more



Find out more about what we do and watch short films about dementia by going to our website  
**[www.bristoldementiawellbeing.org](http://www.bristoldementiawellbeing.org)**



Follow us on social media

- Facebook **BristolDementia**
- Twitter **@BristolDWS**



Find out more about our service by going to the following websites

Devon Partnership NHS Trust  
**[www.dpt.nhs.uk](http://www.dpt.nhs.uk)**

Alzheimer's Society  
**[www.alzheimers.org.uk](http://www.alzheimers.org.uk)**

Bristol Mental Health  
**[www.bristolmentalhealth.org](http://www.bristolmentalhealth.org)**



**Information**